



Community Wellbeing Event



Are you a resident living in Lowestoft?

Come and join us for coffee to find out about the variety of health & wellbeing services available to you and your family locally.

Wednesday 29th November 2017 at Alexandra Road Surgery , Lowestoft

12.30—3.30pm

We are offering **FREE** health checks

Blood Pressure , Pulse, Height, Weight, and advice on smoking

Win a free swim pass donated by Sentinel Leisure



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